



**Press Release: For Release, September 4, 2014**

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**Lehman Engineers Horse Trail Ride and NEW Trail Walk  
To Benefit *Dreams Go On***

*Hollidaysburg, PA*--On **Sunday, September 28th**, 2014, the 8<sup>th</sup> annual Lehman Engineers Horse Trail Ride to benefit *Dreams Go On*, a non-profit therapeutic horseback riding organization, will take place at Canoe Creek State Park. *Dreams Go On* (501C3 nonprofit) provides therapeutic horseback riding sessions for adults and children who are physically challenged, receive mental health, behavioral health or family therapy services. New for this year's event is a trail walk in addition to the horse trail ride. Two choices for the walk are available. Registrants can choose the Limestone Trail (1.2 miles) near the kilns with a view of a scenic stream or lakeview: a ½ mile handicap accessible loop (1/4 portion of the loop is crushed limestone) that can be repeated for 1 to 5 miles while enjoying the beautiful view of the lake. For horseback riders, the Bridle Trail loops around the park and will be between 2 - 2.5 hour trail ride. Check-in and registration on the day of the event is at 9:00 a.m. for horse trail riders and at 10:15 a.m. for trail walkers. The horse trail ride begins at 10:00 a.m. and the trail walk begins at 11 a.m. Whether riding on horseback or walking a trail, the beautiful scenery at the 958-acre Canoe Creek State Park provides an atmosphere to reflect with nature and help out a very worthy cause.

Event brochures can be found at Lehman Engineers, Canoe Creek State Park, and many area businesses. In order to participate, area horseback riders and trail enthusiasts can register by calling Lehman Engineers at 814-695-7500. Horse trail riders and trail walkers can also register

at [www.LehmanEngineers.com/dgo/](http://www.LehmanEngineers.com/dgo/) or mail in a registration form from the brochure or web site to: *Dreams Go On* Trail Ride, 311 Heather Avenue, Altoona, Pa 16602. The registration fee is \$10 and a late registration fee (after Sept. 12) is \$20.

Trail riders and trail walkers are encouraged to register online prior to the event and collect pledges to donate to *Dreams Go On*. Trophies are awarded for the top fundraising individual and top fundraising team. A free t-shirt will be given to the first 50 registered horse trail riders and trail walkers and all are invited to a free BBQ chicken lunch with potato salad, baked beans, and dinner rolls thanks to the generosity of Imler's Poultry, Duncansville, Pa. Chicken BBQ and meal will be prepared by Clyde Monahan, the General Manager of Imler's Poultry. Other contributors to the luncheon and snack needs include: Hoss's Steak and Sea House, Roaring Spring Water, and Blair Co. Beverage.

Horseback riders are invited to "Ride or Walk with Joe", Joe Murgo, WTAJ's Chief Meteorologist, will once again be the Master of Ceremonies. Riders can also meet Christian Anderson from Bellwood, the 2014 *Dreams Go On* Trail Ride Ambassador. Christian is enjoying his fourth year riding with *Dreams Go On*. He is advancing in the program and has become quite independent with his riding skills.

The trails will be groomed prior to the ride by *Dreams Go On* Volunteers: Joanne and Steve Nader. The therapeutic horseback riding instructor from *Dreams Go On*, Karen Strayer, will lead and guide the horseback trail riders. Sue Lehman, founder of *Dreams Go On*, and Jeff Kennedy, *Dreams Go On* Volunteer, will lead the trail walkers to their respective routes. Lunch will be served at 12:30 in Pavilion #2 for all registered participants and *Dreams Go On* riders and their families. All are encouraged to bring a picnic blanket and continue enjoying Canoe Creek State Park after lunch. Registrants may also participate in the silent auction being held from 11:00 a.m. to 1:30 p.m. The silent auction features great items from area businesses. Donations include gift cards, baskets and great gifts from the following companies: P. JOSEPH LEHMAN, Inc., Consulting Engineers, Kings, Friendly's, Jethro's, Barnes and Noble, TGI Fridays, The Allegro Restaurant, Altoona Curve, Prime Sirloin Buffet, U.S. Hotel, Beerbower Jewelers, ProCare Health & Fitness, Holly Reid Therapeutic Massage, Comfort Inn and Comfort

Suites of Altoona and Duncansville, Hoss's Steak and Sea House, Mountain River Outfitters, Marzoni's Brick Oven & Brewing Company, Olive Garden, Saint Francis University, Carol Myers Ebensburg Insurance, Blair County Golf and Driving Range, Altoona Curve and much more! Donations are still being accepted for the silent auction. Contact Betsy Lehman at [LehmanMarketing@gmail.com](mailto:LehmanMarketing@gmail.com) to donate an item, gift card, or basket.

The children and adults who ride in the *Dreams Go On* therapeutic program and their parents or guardians are invited to participate in children's activities including face painting and crafts starting at starting at 11:00 a.m.

The event is on rain or shine. Horseback riders must provide their own horse. *Dreams Go On* appreciates the support of the following sponsors: P. JOSEPH LEHMAN, Inc., Consulting Engineers (Title Sponsor); Imler's Poultry; Holliday Real Estate LLC; Empower Business Solutions; Health South Rehabilitation Hospital of Altoona; Glenn O. Hawbaker Inc.; The Markosky Engineering Group, Inc; Arrow Land Solutions LLC; The Degol Organization; 1<sup>st</sup> Summit Bank; The RADD Development Company; Young Oakes Brown and Co. PC; Comfort Inn/Comfort Suites of Duncansville and Altoona; Bartolotta Vision Care LLC; The Kiwanis Club of Altoona; AMBUCS; Ward Transport & Logistics Corp; Seltzer Financial Strategies LLC; The Hite Company, Inc; Homewood at Martinsburg; Saint Francis University; NAC (North American Communications), Inc; Stuckey Ford and Subaru; McLanahan Corporation; Sheetz, Inc; American Geotechnical & Environmental Services, Inc; Carol Myers Ebensburg Insurance; Eichelbergers, Inc; DiAndrea Promos, Inc; Evey Black Attorneys; Blair Companies; EAP Industries, Inc; A & A Insurance; Bill Wertz & Sons, Inc; Moses & Associates, PC; Altoona First Savings Bank; Highmark Blue Cross Blue Shield; Clearfield Bank and Trust, Burgmeier Hauling, Inc; Wix Pix Productions; Bill McLaughlin; Leonard S. Fiore, Inc; Ritchey's Dairy; State Enterprises, Inc./Capitol Press; The Press Box; Prime Design Solutions, Inc; and Adam Smith Graphics.

**Volunteers are needed** to assist with this event and with therapeutic horseback rides. Contact Deb Kelly at [dkelly1006@atlanticbb.net](mailto:dkelly1006@atlanticbb.net) and visit [www.DreamsGoOn.com](http://www.DreamsGoOn.com) for more information.

Directions to the Canoe Creek State Park: 12 miles east of Altoona, Pa. Travel on US 22 until you arrive at the small village of Canoe Creek (seven miles east of Hollidaysburg), turn north on the Turkey Valley Road for one half mile to Canoe Creek Road, on the right.



**Preparing for the 2014 Lehman Engineers Horse Trail Ride to Benefit Dreams Go On are:** 1<sup>st</sup> Row; (from left) Heidi Mullendore (Canoe Creek State Park Environmental Education Specialist), Joanne Nader (Board Member); Brenda Fix (Treasurer); Vallery Johnson (Event Co-Chair & Controller at Lehman Engineers), Deb Wentz (Board Member), Debbie Kelly (Program Manager), Minnie Little (Assistant Therapeutic Horseback Riding Instructor), Betsy Lehman (Event Co-Chair), and Sue Lehman (Founder of Dreams Go On). 2<sup>nd</sup> Row; (from left) Allison Derr (Event Volunteer), From Lehman Engineers: Tyler Dodson (past intern), Ethan Weyant (Marketing Assistant), Jim Prohonic, P.G. (Senior Client Representative), Sherrie Ayers (Office Manager), and Allan Derr, P.E. (Project Engineer), (Christian Anderson (Rider & Trail Ride Ambassador on “Beauty”), and Karen Strayer (Lead Therapeutic Horseback Riding Instructor). *Committee Members absent from the photo: Brenda Adelman, Annette Lehman, Jill McMillan, Colin Scott, and Terry Wasovich.*