



Press Release: For Release, September 5, 2013

Contact: Betsy Lehman at Lehmanmarketing@Gmail.com / (814)-381-5527

**7th Annual Lehman Engineers Horse Trail Ride
To Benefit *Dreams Go On***

Hollidaysburg, PA--On **Sunday, September 29th**, 2013, the 7th annual Lehman Engineers Horse Trail Ride to benefit *Dreams Go On*, a non-profit therapeutic horseback riding organization, will take place at Canoe Creek State Park. *Dreams Go On* (501C3 nonprofit) provides therapeutic horseback riding sessions for adults and children who are physically challenged, receive mental health, behavioral health or family therapy services. Horseback riders are invited to "Ride with Joe", Joe Murgio, **WTAJ's** Chief Meteorologist, will once again be the celebrity rider and Master of Ceremonies. Riders can also meet Alyssa Reed, the 2013 *Dreams Go On* Trail Ride Ambassador.

In order to participate, area horseback riders should register by calling Lehman Engineers at 814-695-7500 and ask for Jessica Bilko or Val Johnson. Riders can also register at www.DreamsGoOn.com or mail in a registration to: *Dreams Go On* Trail Ride, 315 Quince Court Hollidaysburg, PA 16648. Event brochures can also be found at many area businesses and at Canoe Creek State Park. There is no registration fee to participate in the event. Riders are encouraged to register online prior to the event and collect pledges to donate to *Dreams Go On*. Trophies are awarded for the top fund-raising individual and top fund raising team. A free t-shirt will be given to the first 50 registered riders and all riders receive a free BBQ chicken lunch, compliments of the generosity of Imler's

Poultry, Hoss's Steak and Sea House, DelGrosso's, Sheetz, The Olive Garden, Roaring Spring Water, and Blair Co. Beverage. Chicken BBQ prepared will be prepared by Julie and Tim Kopp of Hollidaysburg, PA.

Registration on the day of the event is at 9:00 a.m. The ride begins promptly at 10:00 a.m. The Bridle Trail loops around the park and will be between 2 - 2.5 hour trail ride. The trail will be groomed prior to the ride by Joanne and Steve Nader and an instructor from *Dreams Go On*, Karen Strayer, will lead and guide the trail riders. Lunch will be served at 12:30 in Pavilion #2 for the registered participants and *Dreams Go On* riders and their families. Riders are encouraged to enjoy continuing to ride at Canoe Creek after lunch.

Registered horse trail riders may participate in the silent auction being held from 11:00 a.m. to 1:30 p.m. The silent auction features great items from area businesses. Registered riders are welcome to participate in the auction. Donations include gift cards, baskets and great gifts from the following companies: Giant Eagle, North American Communications, Carmike Theaters, P. JOSEPH LEHMAN, Inc., Kings, Friendly's, Jethro's, Barnes and Noble, Petco, TGI Fridays, Thompson's Pharmacy, The Allegro Restaurant, Altoona Curve, Cracker Barrel, Prime Sirloin Buffet, Beerbower Jewelers, Top 10 Salon, Duncansville Antique Depot, ProCare, Therapeutic Massage, Comfort Inn of Altoona, Hoss's Steak and Sea House, Mountain River Outfitters, Slinky Action Zone, Indoff, and much more! Donations are still being accepted for the silent auction. Contact Betsy Lehman at LehmanMarketing@gmail.com to donate an item, gift card, or basket.

The children and adults who ride in the *Dreams Go On* therapeutic program and their parents or guardians are invited to participate in children's activities including face painting and crafts starting at starting at 11:00 a.m.

The event is on rain or shine. Riders must provide their own horse. *Dreams Go On* appreciates the support of the following sponsors: P. JOSEPH LEHMAN, Inc., Consulting Engineers (Title Sponsor), Holliday Real Estate LLC, Bill Shuster for

Congress, Glenn O. Hawbaker Inc., Representative Dick L. Hess, Kiwanis Club of Altoona, Health South Rehabilitation Hospital of Altoona, The RADD Development Co., NAC Inc., Grannas Bros. Stone & Asphalt Co Inc., RDS Excavating & Concrete LLC, Arrow Land Solutions LLC, Homewood at Martinsburg, S&T Bank, Young, Oakes, Brown & Company P.C., Best Way Pizza of Duncansville and Hollidaysburg, Wolf Furniture, Bartolotta Vision Care LLC, Seltzer Financial Strategies LLC, Altoona Curve Baseball, Saint Francis University, Urban & Blattenberger, P.C. Law Offices, DelGrosso Foods Inc., Stuckey Ford and Subaru, Investment Savings Bank, Empower Business Solutions, The Hite Company, Sheetz, American Geotechnical & Environmental Services Inc., McLanahan Corporation, Comfort Inn/Comfort Suites of Duncansville and Altoona, Ward Transport & Logistics Corp, Evey Black Attorneys, Bill Wertz & Sons Inc., C.T.R. Supply Inc., Moses & Associates P.C., The Stevens Mortuary, Altoona First Savings Bank, 800 Logan Blvd LP, A & A Insurance, The Markosky Engineering Group Inc., CORE Physical Therapy & Sports Rehabilitation LLC, Wix Pix Productions Inc., Cesare Battisti M.B.A., Baechle & Associates Architects, Dr. Dennis McIlnay of Seven Oaks Press, and Bill Brunt, and Kopp Drug.

Volunteers are needed to assist with this event and with therapeutic horseback rides. Contact Betsy Lehman at LehmanMarketing@Gmail.com. Visit www.DreamsGoOn.com for more information.

Directions to the Canoe Creek State Park: 12 miles east of Altoona, Pa. Travel on US 22 until you arrive at the small village of Canoe Creek (seven miles east of Hollidaysburg), turn north on the Turkey Valley Road for one half mile to Canoe Creek Road, on the right.

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Preparing for the 2013 Lehman Engineers Horse Trail Ride to Benefit Dreams Go On are: 1st Row; (from Left) Sue Lehman (Founder of Dreams Go On), Debbie Kelly (Program Manager), Terry Wasovich, Melissa Laratonda (Assistant Instructor), Brenda Fix (Treasurer), Joe Murgo (WTAJ's Chief Meteorologist & Celebrity Host Rider and Master of Ceremonies), and Jessica Mowery (Rider). 2nd Row; Betsy Lehman (Trail Ride Chairman), Brenda Adelman, Vallery Johnson (Office Manager, Lehman Engineers), Karen Strayer (Lead Therapeutic Horseback Riding Instructor), Alyssa Reed (Rider-Trail Ride Ambassador), and Bailey Forsht (Rider). *Committee Members absent from the photo: Joanne Nader, Annette Lehman, Colin Scott, and Linda Ronan.*